



Arlington Heights Bicycle Club



Ride: _____ Miles: _____

Date: _____ Ride Leader: _____

In signing this release, I hereby make known that I will hold blameless the Arlington Heights Bicycle Club, its officers, members, and volunteers in the case of accident, injury, or damage of any kind. I recognize that bicycling is potentially dangerous, and I represent that I am a competent cyclist with safe equipment. I understand that I participate in club activities at my own risk. I further recognize that safety is my personal responsibility, and I agree to participate in keeping all Arlington Heights Bicycle Club rides safe. I agree to hold the club harmless and indemnify the club for all costs, judgments and awards that may be claimed, including the cost to defend such claims. I have read and understand this waiver and agree to the terms. I further certify that if I am signing for a minor child under the age of 18 that I have legal authorization to do so.

In participating in Arlington Heights Bicycle Club (AHBC) rides and events, I acknowledge that Arlington Heights Bicycle Club and its officers and members are not responsible for my possible exposure to the novel coronavirus that causes COVID-19. I voluntarily assume the risk that I may be exposed to and infected by the coronavirus or any other infectious disease as a result of my participation in AHBC outings and events and agree to hold harmless the Club, its officers, and its members.

Please indicate Member(M)/Child(C)/Guest(G) and optional In Case of Emergency(ICE) Contact
Guests may ride up to 3 times per riding season.

Use reverse side for additional signatures.

Jack Sprat M ICE Bo Peep 847-000-0000

_____ M/C/G+ICE	_____ M/C/G+ICE
_____ M/C/G+ICE	_____ M/C/G+ICE
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Updated 5/14/2021



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