## Safety Reminders to Start 2005 Cycling Season

The weather is starting to improve, the ride schedule is filled and Tuesday night rides have begun . . it must be Spring. Listed below are some safety reminders for everyone. If you are new rider and have questions about riding, please ask a fellow rider. The club members have lots of experience and are a wealth of information.

1. Stop at stop signs, especially when there are vehicles at or near the stop sign.
2. When you are going to pass a rider, announce "Passing on your left" before you get there, don't just breeze by. Always pass on the left.
3. Stay to the right, do not ride in the middle of the road.
4. Communicate, if riders in front or behind you say "car up" or "car back" pass the information along. Car up or back is a gentle reminder to "Get out of the middle of the road."
5. At intersections keep an awareness of intentions and positions of cars/trucks. Cars turning right may not see you next to them. Pay attention to the car's turn signals and the direction that their wheels are turned.
6. Don't ride erratically, other riders and drivers can't guess what you plan to do. Learn to ride in a straight line and until you do, don't crowd other riders.
7. When a fellow rider announces "Clear" when crossing a road, intersection, etc. - don't rely $100 \%$ on the other rider's judgment.

You are responsible when riding your bike and it is your responsibility to make decisions based on the assessment of a specific situation.
It only takes a few seconds to lose your concentration and make a mistake and when riding, some mistakes are much more serious than others.

Tailwinds,
Nancy

