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Safety Check V

From the Safety Chick

Here are a few safety reminders for cyclists and motorists, courtesy of the Missouri Bike Federation.

Bob's Rules

For cyclists:

- 1. Obey the law. Blowing by a stop sign is dangerous and generates a feeling of "it's not fair" to motorists.
- 2. People in cars have someplace to go. Don't hold them up unnecessarily.
- 3. Take a traffic lane when you have to. It's safer than being squeezed to the side of a narrow lane or dodging fireplugs, utility poles or cars coming out of driveways onto the sidewalk.
- 4. Nighttime is six times more dangerous that daytime for a ride. People who ride at night should have bright lights and wear reflective clothing.
- 5. Ride single file in traffic.

For motorists:

- 1. Please be patient. Cyclists are not trying to slow you down. They have somewhere to go, too.
- 2. Minimize your distractions.
- 3. Don't squeeze cyclists. Wait until you have room to pass, giving the cyclist at least three feet of clearance.
- 4. Bicyclists pay taxes and have a right to the road, too.
- 5. Remember, cyclists are taking up one less parking space and one less place in line at the gas station.